

ECHO Ontario Adult Intellectual & Developmental Disabilities: Mental Health in the Time Of COVID-19

ECHO is a virtual, interactive education and capacity building model that supports healthcare providers in delivering high quality, evidence-based mental health and addictions care in their local communities.

This program is for mental health/primary care providers and developmental service providers who support adults with intellectual and developmental disabilities and mental health concerns. This curriculum will specifically address the mental health challenges that this population can face during the time of the COVID-19 pandemic. Topics that will be presented during this program include: providing virtual mental health supports, depression and anxiety, evaluating suicide risk, facilitating supported decision-making, emergency preparedness and promoting resilience for people with intellectual and developmental disabilities, caregivers and providers.

Schedule

Starting September 11
Fridays 9:30 - 11:00
am
6 weeks

Curriculum

Review sample
curriculum [here](#)

To register, please [click here](#).



Connect with health care providers across Ontario to gain new skills, knowledge, and confidence in mental health and addictions care! It's fun, offered at no cost and is accredited through the College of Family Physicians of Canada and the Royal College of Physicians and Surgeons of Canada.