

## Putting on N95 Masks

We are using N95 masks more frequently than ever before while we manage the risks of the Omicron variant of COVID-19.

- For maximum benefit of your N95 mask, make sure you are putting on your mask correctly:
  - ✓ Are the straps in the right position?
  - ✓ Did you adjust the flexible nose piece?
  - ✓ Have you done your seal checks?
- Check out the videos and graphic below for a quick refresher!





