

Core Competency Example

Name:	Date:
Core Competency Demonstrated:	

Situation	Give a brief overview of the situation. What led up to the situation? Who was involved?
Task	What happened first/next? What were your specific tasks or responsibilities?
Actions	What happened next? What did you do/say? Why did you do that? What were you thinking?
Results	What was the result/outcome of the situation? How did you feel?
Supervisors confirmation signature:	